



**DR. B. KOFI ASARE, MASTER  
HERBALIST, NATUROPATHIC DOCTOR  
AND FOUNDER OF PAMA HEALTH**

Dr. Kofi Asare is a traditional healer from Ghana, West Africa. He is an active member of the Ghana National Association of Traditional Healers, and a trained adult & child educator and counsellor. His lecture and workshop series consist of "Who is African?" cross cultural awareness. African science, nutrition, herbology and natural healing techniques dating back 2000 years. He is the founder of PAMA HEALTH (POSITIVE AFROMENTAL ATTITUDE) with over 130 formulations. Dr. Asare is the organizer of ACCEDE (AFRICAN COMMUNITIES COLABORATING EVERYWHERE FOR DEVELOPMENT AND EMANCIPATION). Dr. Asare has dedicated his life to the African people of the world by providing vital information that can help us heal ourselves and others.

**KHEMET WHOLISTIC  
HEALTH RETREAT  
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PAMA HEALTH, NEW BODY  
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WELLNESS INSTITUTE  
DR. SHARITA,LLC.,**

# **AFRICAN TRADITIONAL HEALING AS A WAY OF LIFE**

**SATURDAY  
JULY 26th @ 3PM  
KHEMET WHOLISTIC  
HEALTH RETREAT**

**SPECIAL GUEST SPEAKER: DR. KOFI ASARE,  
MASTER HERBALIST of Ghana, West Africa**

**COME LEARN ABOUT:**

- ***TRADITIONAL HEALTH CARE AND HOW IT IMPACTS OUR BEHAVIOR AND LIFE AS AFRICANS EVERYWHERE.***
- ***MEDICAL PRACTICES THAT ENSLAVE YOUR BODY, MIND AND SOUL***
- ***IMPORTANT AFRICAN HERBS AND THEIR USES FOR THE IMMUNE SYSTEM, AUTONOMIC SYSTEM, HORMONAL SYSTEMS FOR BOTH MALE AND FEMALE, AND MORE***
- ***BUSINESS OPPORTUNITIES IN THE AFRICAN HERBAL AND NUTRITION INDUSTRY***
- ***CERIFICATED COURSES IN TRADITIONAL HERBAL AND NUTRITION SCIENCE***